* All our food is cooked in a kitchen that serves the following allergens: egg, dairy, nuts, honey, seafood, sesame, soy & wheat. Please notify your server if you have any allergies.

BREAKFAST 7am - 3pm

* We use organic free-range eggs

Scones Cheese \$6.80

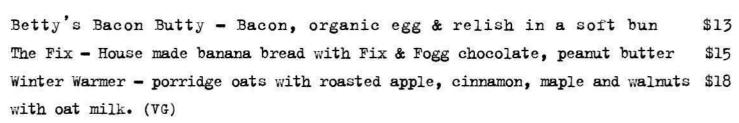
(When they're gone, they're gone) Date \$6.80

Traditional scones with cream and jam \$7.50

Croissants Plain or with Jam \$7

Almond \$10

Bacon & cheese \$13



The	Monk	-	Organic	eggs	benedict	with	bacon	&	roasted	tomato	on	\$25
cia	hatta											

The Buddha - Organic	eggs benedict	with spinach,	mushrooms & r	oasted \$26
tomato on ciabatta				

Comfort Kedgeree - Smoked	trevally, mild	Indian spiced	rice,	organic	\$26
poached egg & coriander					

Hawea	Flat	-	Spinach,	mushrooms,	roasted	tomato	&	halloumi	on	\$25
polen	ta cal	кe								

Vegan Open Toastie - Spinach,	mushrooms,	roasted	tomato	& vegan	cheese	on	\$25
ciabatta with savoury granola	(VG)						

Social Climber - Organic eggs f	ried, poached or	scrambled ((add \$3)	on	\$14
ciabatta, multigrain or GF (\$1)					

Extras - Free Range Bacon \$8, Smoked Salmon \$10, Organic Eggs (x2) \$10, Halloumi \$6, Avocado (in season) \$5, Roasted Tomato \$6, Mushrooms \$6, Pork sausage \$8, Crispy Potatoes \$5, Spinach \$6, Hollandaise \$2

KIDS BREAKFAST

Egg any style on toast \$7

Peanut butter & banana toast \$6

Bacon on toast \$8

Seasonal fruit plate \$14

A 1.50% surcharge will be applied to all payWave & credit card transactions Surcharges will not apply to any other payment types 15% surcharge applies on all public holidays * All our food is cooked in a kitchen that serves the following allergens: egg, dairy, nuts, honey, seafood, sesame, soy & wheat. Please notify your server if you have any allergies.



LUNCH 11.30am - 3pm

Roti Roll

- Braised pork shoulder roti with hoisin, coriander, qp mayo & \$22 pickled chilli or

- Jackfruit & mushroom roti with hoisin, cucumber & pickled chilli (VG)

Lone Ranger - Grilled chicken, brie, and caramelised onion sandwich with \$24 a garden salad

Wonder Burg - Beef burger with gruyère, gherkins, chipotle mayo, salad & \$27
French fries

Smokey Seafood Chowder - Prawns, mussels, smoked trevally and monkfish with \$24

Wisdom Salad - Roasted carrot, quinoa, mint, and pea salad with dukkha, \$20 and lemon labneh.

Roast pumpkin- Miso marinated pumpkin with a kale and pickled pear salad, \$24 and roasted seeds

From the Cabinet - Chocolate brownie \$7, vegan nut slice (VG) \$8, ginger crunch \$6

KIDS LUNCH (Available from 11.30am)

herb crème fraiche with grilled ciabatta

Spaghetti with tomato sauce, spinach & parmesan \$14 10" Margherita pizza \$18 Beef burger with salad & fries \$19

VG = Vegan

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